



# STOP THE ABUSE

**TACKLE DOMESTIC ABUSE  
BREAK IT, STOP IT, BEAT IT  
OR IT WILL ALL END IN TEARS**

For confidential help and advice  
call the Domestic Abuse Helpline

Local 0845 603 6813

National 0808 2000 247

Freedom Programme 01843 577729

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Thanet domestic  
abuse forum



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